

# ECOMAPPING



Ohio DODD  
2018

presented by Debra Ashley, M.Ed.

# Let's start with a **POLL:** What is your experience with ECOMAP?

- Not familiar at all
- Heard of it, not using it
- Using ECOMAP but not sure I have covered all the bases
- Feel very confident with the tool; this is just a refresher.

# What is an Ecomap?

A visual depiction of the family's informal, formal, and intermediate system of supports



# Levels of Support

- **Informal** – family members, BFF, person you come into contact with frequently
- **Formal** – pediatricians, all drs., financial, sibling schools etc.
- **Intermediate** – people with less contact, groups – church, athletic, child, work

# Why do an Ecomap?

- Lets family know we are interested in more than just child – it begins with the family
- Great information to bring to team meeting
- Starting point for understanding supports
- Useful information when discussing/developing supports on IFSP

# POLL: Who does an ECOMAP?

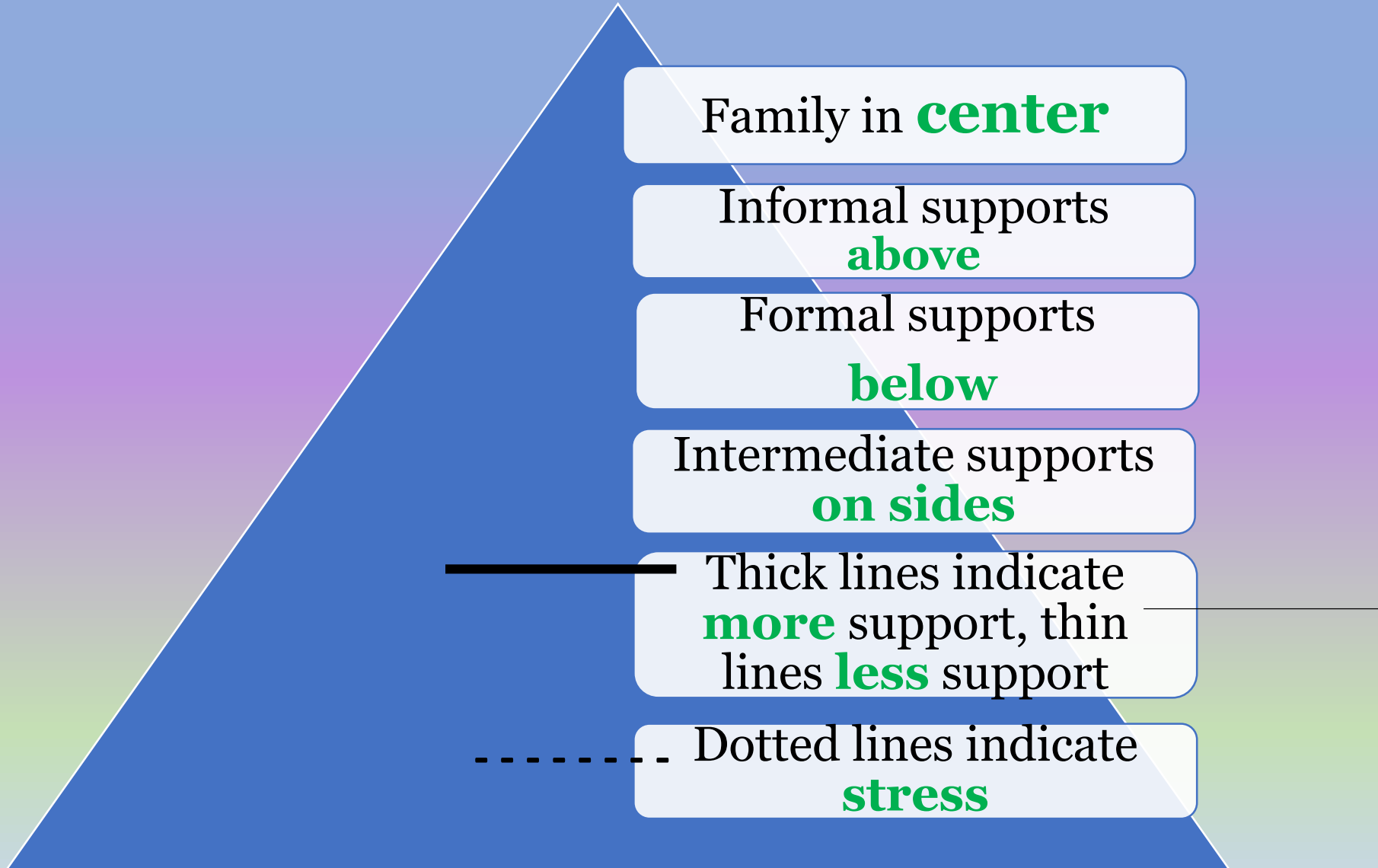
Service Coordinator

MLPSP

Nobody yet, still deciding

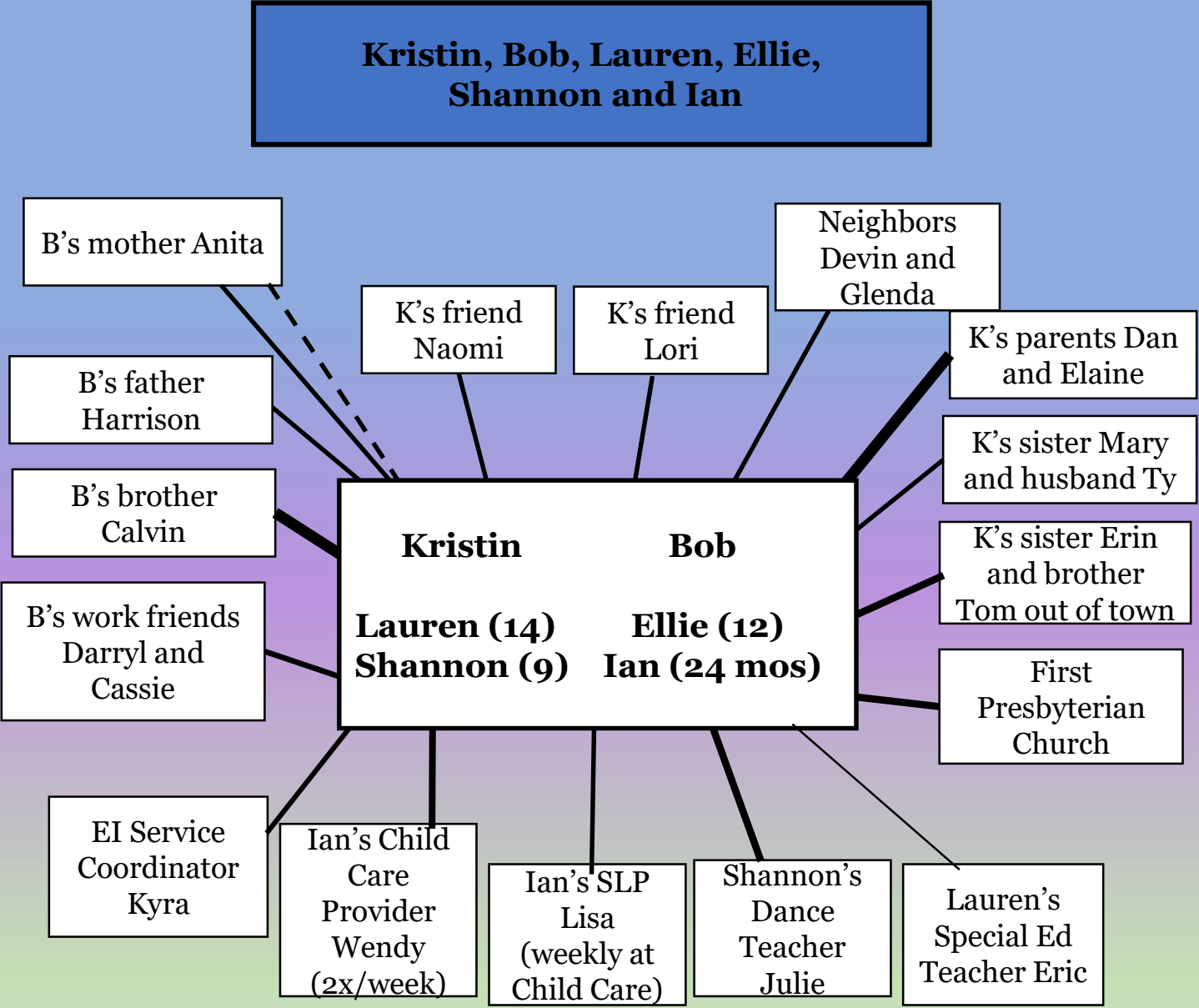


# How to develop an Ecomap





What is an Ecomap?





# Time for a Chat

What things might make you uncomfortable?



Let's make those uncomfortable questions more comfortable.....



How do you explain it to families? Do you tell them.....



...it helps to determine the specific resources and needs of each family?



...you would like to identify with them the people who currently offer support?



...support might include family members, church friends, neighbors, etc.?

# Asking about relationships

Tell me about your family- your siblings, parents, etc.

Do you talk to or see them very often?

Sounds like you have a good relationship so I will draw a solid line.

Sounds like he/she can cause stress so I will draw a dotted line.

Who would you call first if your child did something really cool?



# **POLL:** What would you NOT ask?

- **How often do you see or talk to your brother?**
- **Are the two of you married?**
- **Do you have adequate financial support for the doctor visits?**

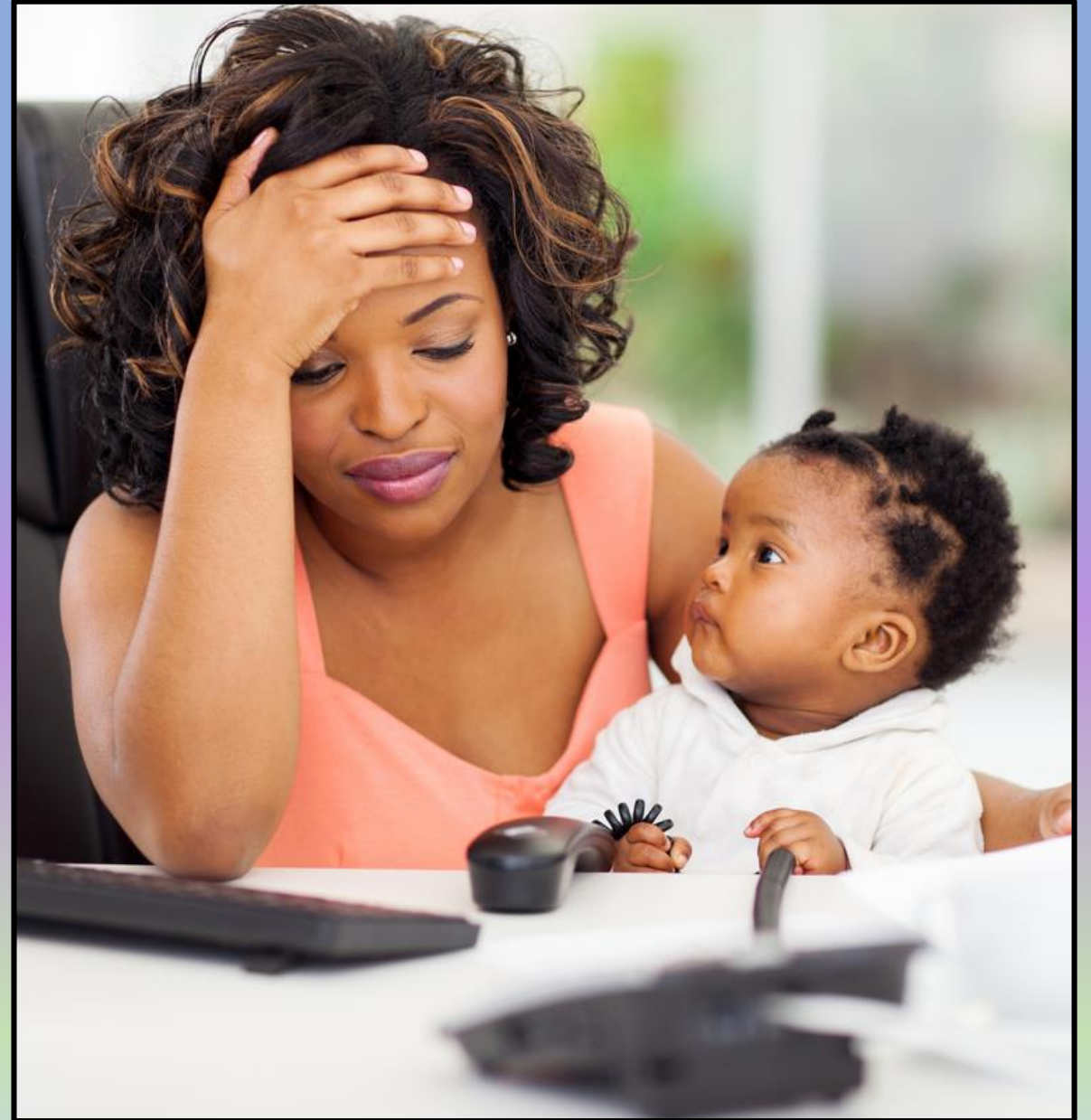


# **Families have minimal support**

**You have given me a good picture of the people in your life.**

**Are you comfortable with the amount of people in your life or would you like to have other supports?**

**We will talk about where you can look for those at a future visit.**



## **POLL:** What would you NOT say?

- **It looks like you have many formal supports.**
- **You have great neighborhood support.**
- **You need more people in your life.**



**Professionals for the family  
can be personal.**



**Families will share what they are  
comfortable with.**

## **POLL:** What would you not ask?

- **Are you getting assistance for medical bills?**
- **Are there any important people from the other children we need to include here?**
- **What personal services do you receive?**

# Time for a Chat

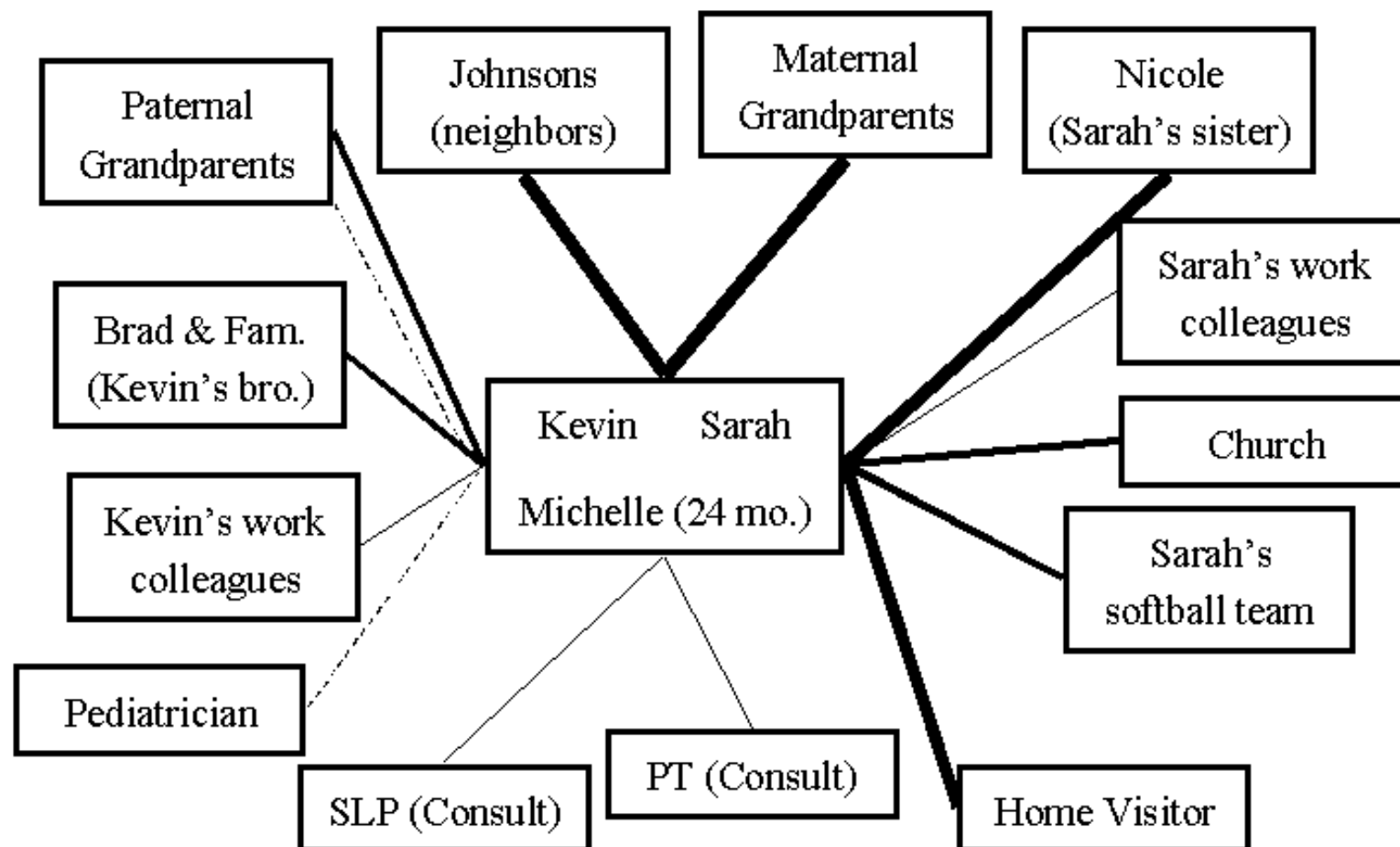
Other concerns  
you had.....



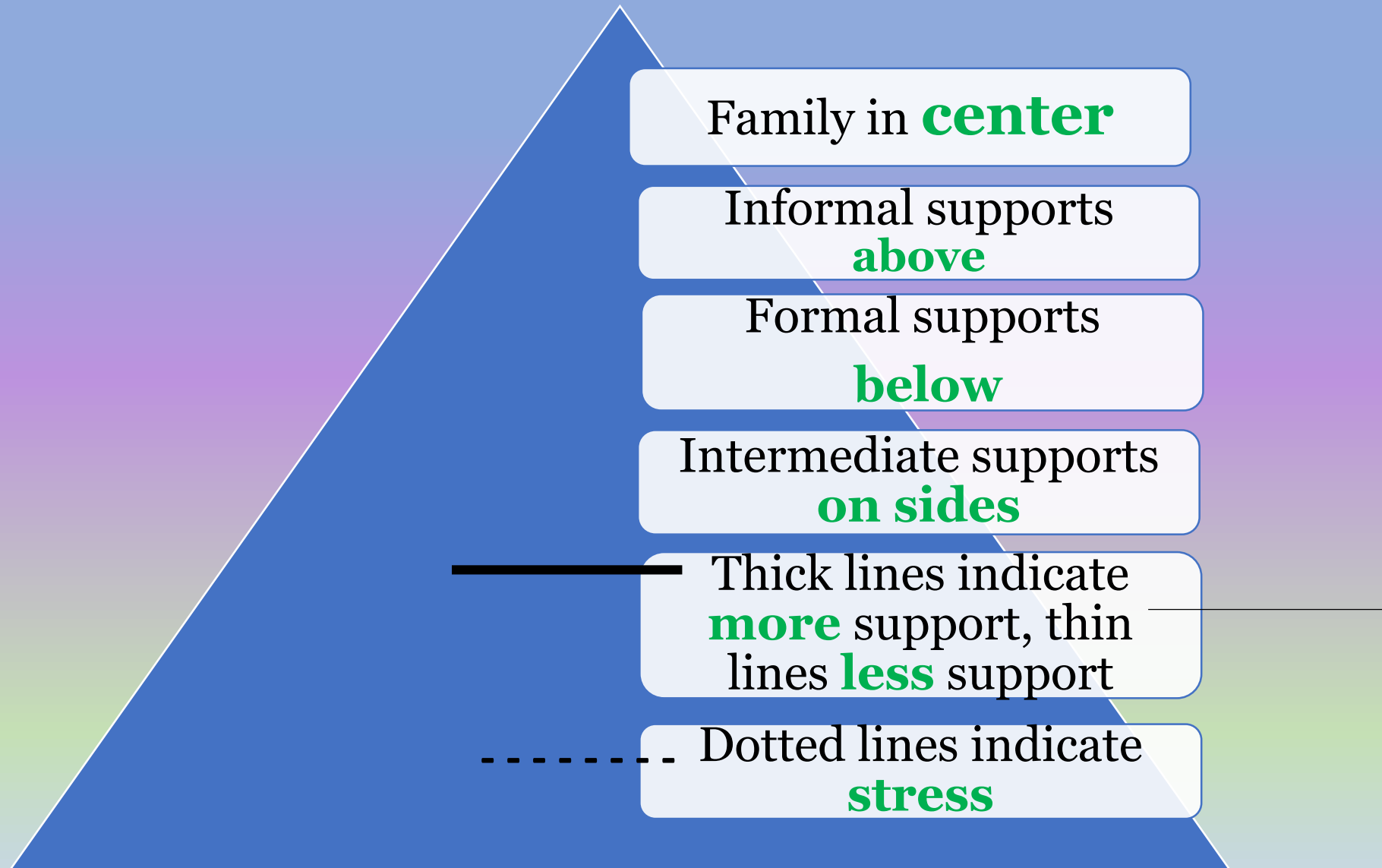
Questions/  
thoughts?

Let's do one  
together...

## Kevin, Sarah, & Michelle

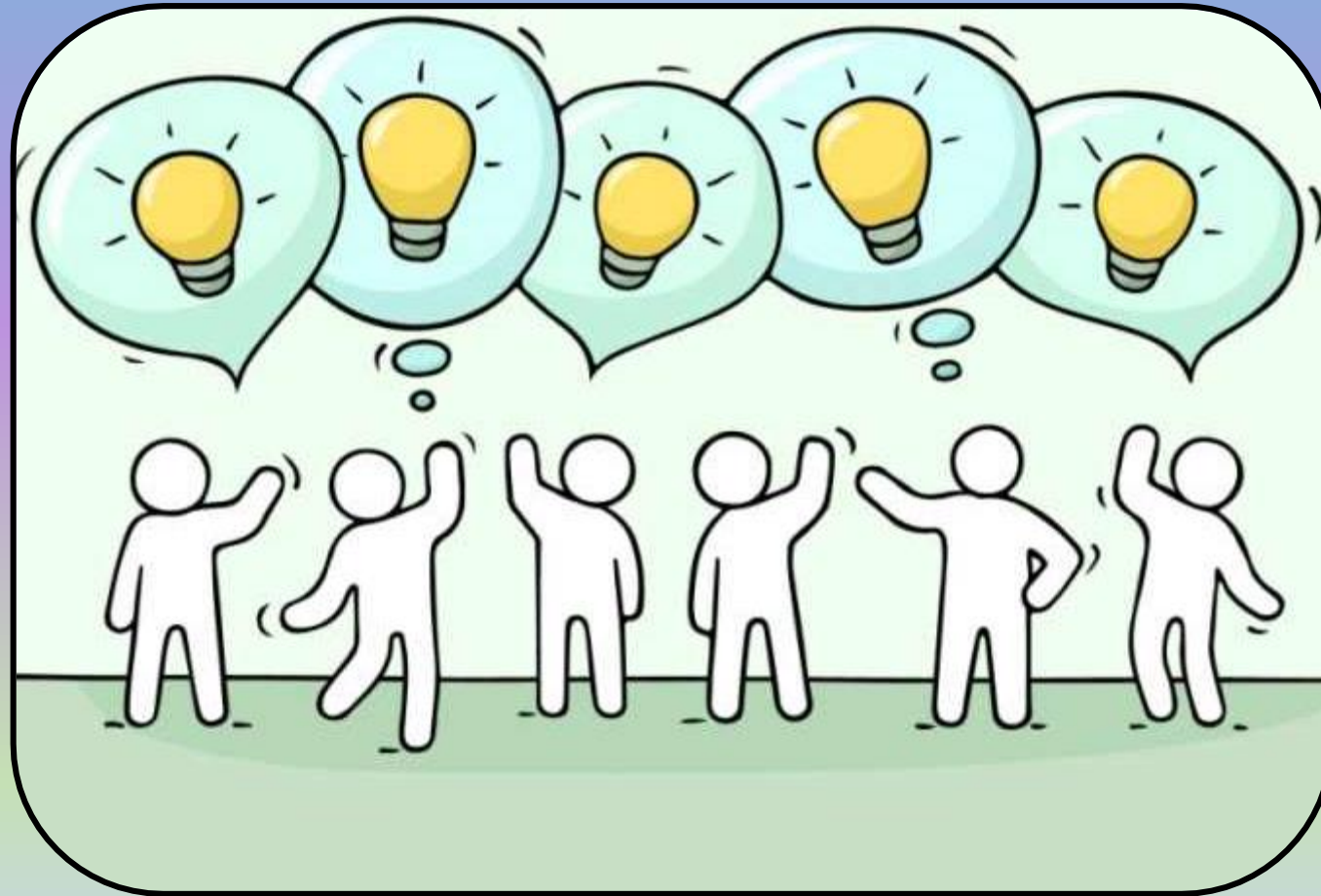


# How to develop an Ecomap





# Comments/Thoughts/Questions



# Where would you put these?

**Mom's  
sister**

**Pediatrician**

**Child in  
the home**

**Minister**

**Sibling's  
soccer  
coach**

**Co-  
workers**

**Father-  
in-law**



# Things to remember.....



- Use paper without boxes/lines
- Explain why you want this information
- It's OK to ask them questions
- Review what you have done and make sure you and the family feel you have an accurate picture.

# Good segues.....

- **Who lives with you (include pets)?**
- **Tell me about your families.**
- **What about friends?**
- **What groups are you involved in?**
- **What about healthcare for everyone?**
- **Is there a source of income to meet your need**



# Developing your comfort level

**Do your own  
ECOMAP.**

**Do a friend's  
ECOMAP.**

**Do a family you are  
comfortable with.**





# Thank you!

