Ohio Early Intervention Resources for Providers and Families

This directory includes resources covering a broad range of topics for early intervention staff and families: COVID-19, technology, daily needs, mental and emotional health, substance use and addiction, child welfare, and parenting

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April 10, 2020
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Contents

UPDATES 5
  Updated 8/04/2020-----------------------------------------------5

COVID-19 6
  COVID-19 RESOURCES -------------------------------------------6

TECHNOLOGY RESOURCES 13
  TECHNOLOGY FOR PROVIDERS AND FAMILIES ----------------------13
  TELE-EI --------------------------------------------------------14

OTHER RESOURCES 18
  CHILD CARE------------------------------------------------------18
  CHILD WELFARE-----------------------------------------------18
  DAILY NECESSITIES (FOOD, SHELTER, UTILITIES, TRANSPORTATION, ETC)----19
  EARLY INTERVENTION AND EARLY LEARNING---------------------23
  FAMILY HEALTH CARE------------------------------------------25
  FETAL ALCOHOL SYNDROME--------------------------------------25
  GRANDFAMILIES-----------------------------------------------26
  HEARING LOSS---------------------------------------------------27
  MENTAL HEALTH -Adult-----------------------------------------27
  MENTAL HEALTH - Child----------------------------------------31
  NEONATAL ABSTINENCE SYNDROME-------------------------------33
  PARENTING------------------------------------------------------35
  PARENTS WITH INTELLECTUAL DISABILITIES-----------------------35
  SENSORY PROCESSING DISORDERS-------------------------------36
  SERVICES ACROSS AGENCIES-----------------------------------37
  SOCIAL EMOTIONAL DEVELOPMENT-------------------------------37
  SUBSTANCE USE AND ADDICTION-------------------------------37
Resources for Providers and Families 2020

Resources are categorized by topic COVID-19 and Technology resources are at the beginning of the document followed by other resources alphabetized by topic.

Use the quick keyword search (below) to find a resource. Resources specific to a county, city or region have the city, county or region name listed with them. Resources designated as particularly helpful by the DODD EI team have a ★ next to them.

QUICK KEYWORD SEARCH: To search this document for a specific topic, agency or area of concern, use the following search tool:

1. Press <CTRL-F> on your keyboard (hold down CTRL key while pressing the letter F at the same time)
2. Type your keyword (s) in the search box
3. Press Enter
4. Your cursor will move to the first place in the document containing your keyword and highlight the keyword
TECHNOLOGY FOR PROVIDERS AND FAMILIES

Build Your Videoconferencing Skills by Larry Edelman  This self-assessment checklist allows users to determine the skills they need to work on to enhance confidence and competence with videoconferencing technology.
COVID-19

COVID-19 RESOURCES
Please access the following links for the latest information from federal, state and local agencies

Coronavirus/COVID-19 hotline: 1-833-427-5634

Autism Research Institute
A free webinar is being offered Apr 30, 2020 at 1 pm on discussing the impact of the coronavirus with kids It will be recorded for those unable to attend

Best Solutions Medical Supplies (Lake Co)
They provide services related to adaptive and assistive equipment (no direct residential care) and a supply of PPE, including gloves, masks, etc They are agreeable to discuss ways to get these supplies to providers and individuals in need within our system

Caring for Yourself
Sesame Street has developed a toolkit for parents and caregivers to help children during the COVID-19 crisis The toolkit includes resources for play and self-care activities that can be done in the home

CDC Learning Connection
The Centers for Disease Control Learning Connection helps public health and healthcare professionals stay informed about quality online trainings from CDC, other federal agencies, and federally funded partners. Many of the training opportunities offer free CEUs. May 2020 features topics such as COVID-19, opioid abuse prevention and telling a public health story. Council for Exceptional Children, Guidance from the Department of Education
Centers for Disease Control and Prevention (CDC)
This website includes community resources with information on symptoms, preparing, testing and what to do if you are sick Click here to access CDC’s paper, “Preventing the Spread of Coronavirus Disease 2019 in Homes and Residential Communities” CDC has also published the attached paper, “Questions and Answers on Providing Services to Children with Disabilities During the Coronavirus Disease 2019 Outbreak”

Center on the Developing Child
Harvard University’s Center on the Developing Child has developed a guide that pulls together information on COVID-19, including what it means for child development and shareable resources that can help parents, caregivers, child care providers, pediatricians, and others who work with families.

Child Care
A listing of Ohio’s approved Temporary Pandemic Care Centers open to essential workers.

Chagrin Safety Supplies
They provide PPE including masks and gowns and are committed to helping providers keep up with needs during the COVID-19 crisis They have discontinued online ordering but can be reached at 440-543-2777

Child Mind Institute “Talking to Kids about the Coronavirus”
This guide is provided in both video (4 minutes) and narrative format

Cloth Face Coverings for Children During COVID-19
The American Academy of Pediatrics published this guide to answer FAQs about children wearing masks during the COVID-19 crisis.
Council for Exceptional Children, Guidance from the Department of Education
CEC posted a Supplemental Fact Sheet that reaffirms the rights of students to receive educational instruction and related services under federal special education law during the COVID-19 pandemic.

Coronavirus Aid, Relief and Economic Security (CARES) Act
The CARES Act provides fast and direct economic assistance for American workers and families, small businesses, and preserves jobs for American industries.

COVID-19 Telecom Resources for Families (ODMHAS)
Ohio Department of Mental Health and Addiction Services is committed to ensuring a full continuum of mental health and addiction treatment services for all Ohioans during the COVID-19 pandemic. They have compiled this reference sheet to assist the behavioral health community in removing barriers to individuals accessing successful telehealth services.

COVID Careline (ODMHAS)
The Department of Mental Health has added this new resource for those struggling with stress during the COVID-19 health crisis. Call the COVID CareLine toll-free at 1-800-720-9616 to speak confidentially with a trained professional. Lines are open 24 hours a day, seven days a week. After 8:00 PM, the calls will be forwarded to the National Suicide Prevention Lifeline.

DEC COVID-19 Resources
The Division for Early Childhood provides a variety of articles, blog posts, recordings, webinars and resources related to COVID-19.
★ DODD COVID-19 Resources
This page is dedicated to DODD communications and links to helpful resources that will advise people with disabilities, their families, service providers, direct support professionals, county boards of developmental disabilities, and the community at large.

**Early Childhood Innovation for Impact in a Crisis: A Show and Tell Pop Up Series:**
Promise Venture Studios is featuring “stories of hope” about organizations and business doing inspirational work to support our youngest learners and their families.

**ECTA Center, COS Completion when the Team Can’t Meet in Person**
The Early Childhood Technical Assistance Center has launched a document to assist teams conducting COS rating meetings using technology. They note that although there are many advantages to in-person meetings, teleconferencing can be accomplished successfully with careful planning.

★ **EI Video Conferencing Resource**
This document lists individuals at county boards of DD who are skilled in providing tele-EI and have agreed to provide support to other providers. They are listed by county and by the platform they use to provide services.

**Fifth Third Bank Student Loan Relief**
With the recent passage of the Coronavirus Aid, Relief, and Economic Security (CARES) Act and other government relief efforts, your student loan may qualify for COVID-19 hardship assistance. Contact Fifth Third to see if your loan qualifies for assistance.

**Guidance on Providing Pediatric Well-Care During COVID-19**
This article from the American Academy of Pediatrics, provides guidance for continued well-child visits during COVID-19.
HealthyChildren.org
This article for parents, “Is it ok to call my pediatrician during COVID-19?” provides guidelines for contacting your pediatrician during the COVID-19 health crisis and when it may be necessary to bring your child into the pediatrician’s office.

Health Risk Screening Inc, Telemedicine and Infection Control
This bulletin provides a condensed version (22 minutes) of an e-learning course about infection National Alliance for the Mentally Ill (NAMI) NAMI’s landing page has a link to resources for coping with the COVID-19 crisis, including a resource guide with FAQs about the intersection of COVID-19 and mental illness

National Child Traumatic Stress Network
This agency has prepared a guide for parents and caregivers to help their families cope with stress during the COVID-19 crisis The guide is available in several languages

The Ohio Channel
This page provides links to Ohio Governor Mike DeWine’s daily COVID-19 updates

Ohio Department of Education
(ODE) ODE’s COVID-19 webpage lists the latest information for Ohio’s schools and districts related to the coronavirus Click here to access ODE’s information on “Considerations for Students with Disabilities During Ohio’s Ordered School Building Closure”

★ Ohio Department of Health
(ODH) ODH is Ohio’s clearinghouse for information related to the coronavirus in Ohio On the website, you will find information on prevention, treatment, statistics, public health orders, travel information and tips for staying safe and healthy.. An additional resource on this site is the Children/Youth with Special Healthcare Needs - Covid-19 Checklist.
Dear [Name],

I hope this message finds you well. I am writing to bring to your attention several resources available to assist you and your family during these challenging times.

**Ohio Department of Mental Health and Addiction Services (OHMAS), COVID-19 resources**
The OHMAS website includes information about coping with the stress of the COVID-19 pandemic and obtaining continuity of mental health care during this national emergency. Their one-page flyer, “Top Ten Tips for Parents During the Coronavirus Outbreak” is attached.

**Oriana House**
Oriana House provides treatment for substance addiction and mental health. They are offering tele-health services currently, and Medicaid is accepted. They serve the areas of Akron, Cleveland, Fremont, Marietta, and Tiffin.

**Sesame Street Autism Resources**
Sesame Street has recently added guidance to help children with autism in coping with COVID-19.

**State of Ohio Pharmacy Emergency Refills**
The State of Ohio Board of Pharmacy has adopted guidance for extending the authority of pharmacists to issue refills during the COVID-19 crisis.

**Thriving At Home**
This is a mental wellness workbook for children and their parents during quarantine.

**Top 10 Tips**
for Parents During the Coronavirus Outbreak. This helpful, one-page document was developed as a collaboration between the Ohio Department of Health and the Ohio Department of Mental Health and Addiction Services. It provides tips to keep children safe and healthy during the COVID-19 health crisis.

Sincerely,

[Your Name]
**Trauma-Informed Family Engagement Series**
This free training opportunity is offered by Hopewell Health Centers, Inc. in partnership with the Ohio Department of Mental Health and Addiction Services, Ohio Department of Job and Family Services, and Urban Minority Alcoholism and Drug Abuse Outreach Programs.

**Trauma-Informed Care Virtual Summit**
This two-day conference offered by the Departments of Developmental Disabilities and Mental Health and Addiction Services will include presentations from experts in the fields of trauma, health and wellness. The conference dates are May 19-20, 2020.

**US National Library of Medicine**
The nation’s largest biomedical library, this organization provides the latest medical research information on the coronavirus.

**United States Dept of Education**
This page provides resources for school personnel so they can disseminate information about COVID-19 to families, staff, students and the community.

**US Department of Labor**
The US Dept of Labor has resources to help workers and employers prepare for the COVID-19 virus including information on workplace safety, wages, hours, leave and unemployment.

**World Health Organization**
The WHO website provides coronavirus updates, research briefs, and tools for protecting yourself (including videos and infographics).
TECHNOLOGY RESOURCES

TECHNOLOGY FOR PROVIDERS AND FAMILIES

AT&T affordable access
At&T offers discounted Internet service plans for eligible limited income households. The cost is based on the speed available in the customer’s area.

Build Your Videoconferencing Skills by Larry Edelman
This self-assessment checklist allows users to determine the skills they need to work on to enhance confidence and competence with videoconferencing technology.

Early Intervention Strategies for Success
Virginia’s Early Intervention blog includes a recent post, “10 Strategies for Engaging Parents (not Children) during Tele-Intervention.

FIPP Tele Resources
The Family, Infant and Preschool Program recently posted five infographics about getting started with tele-EI, quick tips, tele-coaching, and how to use natural learning environment practices via tele-intervention.

GrandPad
GrandPad is a simple & secure tablet for seniors. GrandPad senior tablet easily connects loved-ones ages 75+ with family & friends.

How to Conference Call in iPhone (video)
You can use your iPhone to make conference calls for up to five participants. This two-minute video shows how to set this up on your iPhone.
Innovate Ohio Hotspot Locations
Ohio has been working to find public hotspot locations that Ohioans can use in areas where they may not otherwise have access to the Internet. This includes such locations as public libraries, communication companies and university parking lot areas.

Nationwide Children’s Family ECHO series
Family ECHO uses Zoom technology to connect families with a team of interdisciplinary experts for presentation and discussion on topics related to improving and managing behaviors, self-care, family supports and resources.

Savvy Cyber Kids, Grandparents Guide to Technology
Savvy Cyber Kids is focused on educating and empowering today’s digital citizens to make smart decisions as they grow up with technology. Using the tools provided here, grandparents can help their grandchildren make smart digital decisions.

Stanford University Zoom Cheat Sheet
This checklist includes steps for setting up an account, scheduling meetings, managing meetings and finding additional Zoom resources.

Zoom Rooms User Guide
This guide includes a PDF you can print and leave in your Zoom Room with instructions for scheduling a meeting and setting up basic features. There is a one-page quick start guide and a more detailed six-page guide.

TELE-EI

American Speech-Language-Hearing Association
(ASHA) This document lists the laws and regulations for tele-practice in each state.
Division for Early Childhood
(DEC) The DEC website includes resources to support EI and Early Childhood Special Education providers in teaching remotely

ECTA Center, Tele-Intervention and Distance Learning
The Early Childhood Technical Assistance Center has provided guidance for states on using technology to provide intervention

ECTA Center Provider and Educator Use of Technology
This page includes resources for videoconferencing and ways to engage families in tele-EI. There are several videos of interventionists providing tele-services, some including Ohio providers and families!

FIPP (Family, Infant and Preschool Program)
This 20-minute video on using tele-intervention during this time of social distancing includes an overview of system requirements, how to plan a visit, the three parts of a virtual visit, and what conducting an tele-intervention visit looks like in action

Getting Started with Tele-Health for Early Intervention Providers
This 41-minute video, produced by Colorado’s Early Intervention program is described by one viewer as a “crash course on implementing tele-health in Early Intervention”

Sorensen
Sorensen is a company that provides products and services, including video relay, for people who are deaf and use ASL to communicate.

Tele-Health During a State of Emergency (Rule 5160-1-21)
This emergency rule is being implemented to expand access to medical and behavioral health services using telehealth New and established patients may be provided services through telehealth per this rule No initial face-to-face visit is necessary to initiate services through telehealth
Tele-Intervention and the Routines-Based Model
This article by Dr Robin McWilliam discusses the research behind tele-intervention, how to use technology to conduct the Routines-Based Interview and how to use tele-intervention for home visits.

Using the SS-OO-PP-RR: Guiding Home Visiting during the COVID-19 Pandemic
In this 13-minute video, Juliann Woods, Jenny Seuntjens, and Larry Edelman discuss the use of the SS-OO-PP-RR framework for guiding home visits, whether in-person or delivered through video conferencing. They also discuss general considerations when delivering home visits during the COVID-19 pandemic.

Videoconferencing 101 by Larry Edelman
Dr Edelman is a Senior Instructor in the Department of Pediatrics at the University of Colorado Denver. He currently serves as Director of Dissemination for JFK Partners and is one of the primary Instructors for the Interdisciplinary Training Program. As an ongoing consultant to the Colorado Department of Education and the California Department of Education's Desired Results access Project, he assists with the development of approaches to child outcome measurement, professional development, technical assistance, dissemination, and strategic communication. He has expertise in using Video technology to provide EI services.

Larry Edelman: New Video 4-20-20
Early Childhood Educational Consultant and Videoconferencing expert Larry Edelman produced this video with a family and EI service provider in Cuyahoga Co. In the video, the family shares a tele-EI visit and describes their positive experience with tele-EI. The password to access the video is Zander041920 (after Zander, all the characters are numbers).
**Video Series: Use of Technology with Evidence-Based Early Intervention**
These videos were produced by the Ohio Association of County Boards of DD in partnership with families and practitioners in Ohio. The videos show how video, video conferencing and other technologies can improve access to services and supports for families and enhance teams’ ability to provide evidence-based services.

**What to Expect During an Early Intervention Visit**
This one-page learning aid summarizes the key components of coaching in EI
OTHER RESOURCES

CHILD CARE
Childcare Center US
Allows families to research childcare options by zip code, city or who accepts subsidy and to read reviews of childcare facilities. Provides guidance for choosing a childcare provider.

Statewide 24/7 Breastfeeding Hotline
1-888-588-3423 The Ohio Department of Health has a 24/7 Statewide Breastfeeding Hotline. The Appalachian Breastfeeding Network (ABN) operates the toll-free 24/7 hotline with live, trained lactation professionals. Services are available free of charge to all callers, including mothers, their families and partners, expectant parents and health care providers.

CHILD WELFARE
855-OH-CHILD
If you suspect abuse or neglect, please contact 855-OH-CHILD. More information is available here.

Child Welfare Information Gateway
Promotes the safety, permanency, and well-being of children and families by connecting child welfare, adoption, related professionals and the public to information, resources and tools related to child welfare, abuse and neglect, and adoption.

Franklin Co Children Services
Offers a Resource Guide containing important phone numbers, and resources for issues related to health, addiction, housing, food/clothing assistance, legal services, and education.
DAILY NECESSITIES (FOOD, SHELTER, UTILITIES, TRANSPORTATION, ETC)

When families have resource-based needs:

- Figure out the urgency? Medicine? Food? Shelter clothing? Diapers?
- What/who have they already tried? Informal supports?
- Identify ONLY possibilities (in other words you know these agencies have resources/know criteria of who they will help and what the family will need to access help)
- When needed, assist the family with identifying which resources they can/willing to try
- Offer to help call/gather verifications-develop a joint plan
- Check on the family quickly to make sure the family was/couldn’t access the resource

When families run low on food/diapers/formula/medications, consider the following sources of support:

- Informal Supports (use the Ecomap)
- Local Government Agencies (health depts/JFS/)
- Local faith-based agencies
- Local community agencies (community action centers)
- Local Utility company
- Local food pantries
- Local hospitals and pharmacies
- State Agencies
211
A referral and resource line, this service directs people to appropriate resources for a variety of concerns Is also available via text message

Cap4KIDS, Columbus
This directory includes resources addressing a variety of family needs including housing, healthcare, childcare, safety, food, utilities and transportation

Children’s Hunger Alliance
Children’s Hunger Alliance remains committed to helping feed children who are losing access to meals as a result of the coronavirus crisis Ready-to-eat meals will be distributed outside 3 Columbus Metropolitan Library branches during the library closures related to the coronavirus pandemic Any child 18 and under will be able to pick up two meals to take home Meals are also being distributed at schools in Cincinnati, Cleveland, Chillicothe and Groveport

City Link (Cincinnati)
Described as a coordinated place for individuals to find “an integrated, holistic path to break free from poverty and get to a place of self-sustainability and hope” Services include adult education and literacy, job readiness, spiritual development, transportation and financial education

Coalition on Homelessness and Housing in Ohio
This Resource Guide provides information on how to access housing and homeless services in your community
Community Health Partners
Buckeye Health Plan has compiled a list of organizations across Ohio that assist with food, childcare, technology, healthcare and other daily needs. The directory is divided into geographical regions.

Buckeye’s COVID-19 Support
Northeast Region Response
Northwest Region Response
Southwest Region Response
Central/Southeast Region Response

Cuyahoga Community College, Resources
This guide (attached) provides contact information for agencies that can assist with food, health care, driver’s licenses, housing, emergency shelter, financial assistance, education and job opportunities. It also provides resources for mental health and addiction services and treatment.

Meals for Kids
The U.S. Department of Agriculture has released a "Meals for Kids" interactive map to help families locate free meals for their children while schools are closed during the COVID-19 pandemic. The resource is available in both English and Spanish.

★ Molina Healthcare Resource Guide
In this guide, you will find resources organized by county to address a variety of family needs including financial assistance, food, housing, employment, legal aid and other areas of need.

Northeast Ohio Coalition for the Homeless
This guide lists resources in the Cleveland area for help with medical care, legal service, domestic violence, shelter, food and other social services.
**Office of the Ohio Consumers’ Council**
The Ohio Consumers’ Council advocates for Ohio’s residential utility customers before state and federal agencies and courts. Consumers unable to pay for utilities or facing disconnection of service are encouraged to contact their utility providers directly for their policies during the COVID-19 crisis.

**Ohio Department of Jobs and Family Services**
County departments of jobs and family services offer resources and information on unemployment, finding work, food and cash assistance, childcare, veterans benefits and Medicaid. On the Ohio Department of Jobs and Families Services website, click on County Directory, then click your county name. Or you can click View My Benefits to see a list of benefit categories.

**Ohio Benefits**
This website helps individuals in need to find healthcare, childcare, food and cash benefits. It also includes links to agencies that provide mental health and addiction services, developmental disabilities services and aging services.

**Ohio Mental Health and Addiction Services, Housing Assistance**
This page provides resources for finding affordable housing and paying for housing.

★ **School Nutrition Programs and Emergency Feeding**
This website provides information about schools providing meals during the required school closure period. It includes an interactive map with contact information for individual school districts.

**St Stephens Community House (Columbus)**
Focuses on helping people become self-sufficient through a variety of programs, including childcare, food and nutrition, family services, and neighborhood services.
**St Vincent De Paul (Cincinnati)**
Provides a variety of services for low-income families including pharmacy and wellness, food and nutrition, homelessness prevention, clothing/household assistance and job re-entry

**University Hospitals of Cleveland, Rainbow Center for Women and Children**
UHOC’s Rainbow Connects has published this guide to help families access resources for food, medical care, transportation, unemployment, shelter, education and financial assistance during the COVID-19 crisis

**State of Ohio Board of Pharmacy**
This bulletin explains the guidance authorizing pharmacists to issue extended refills during the COVID-19 outbreak

**EARLY INTERVENTION AND EARLY LEARNING**

**Audible Stories: Free Audiobooks Audible**
an Amazon company, is offering free service during the pandemic. You can stream a collection of children’s stories across six different languages.

**Disability is Natural**
Website developed by Kathie Snow, who became an advocate, author and speaker after her son was diagnosed with cerebral palsy in 1987 Her mission is to “encourage new ways of thinking about developmental disabilities” and to “create a society where all children and adults with developmental disabilities have opportunities to live the lives of their dreams, included in all areas of life”

**ECTA Center Contact Lists**
This page lists state contacts for Part C and Part B/Section 619 and organization related to Part C and Part B/Section 619.
Guiding Young Children’s Behavior by Supporting Social and Emotional Development (Ohio Professional Development Network)
A field guide for early childhood professionals that explores how to address the needs of the whole child

Help Me Grow
Provides information for families and professionals about the Home Visiting Program for supporting new mothers and young children

National Organizations Coronavirus Resources for Learners
These Power Point slides include educational resources from such organizations as PBS, Brazelton Touchpoints Center, National PTA and the Public Library Association

National Organization for Rare Disorders
Provides information, resources, and opportunities for families to connect with others who have the same disorder. Includes a database of organizations that provide free information and/or services for individuals and families affected by a rare disease. Includes information for individuals who are “not yet diagnosed”

Pathways
Offers information and resources for areas of child development and ways to develop skills in gross motor, fine motor and communication across development

Teaching Parents New Skills to Support Their Young Children’s Development
Ann P Kaiser, PhD and Terry B Hancock, PhD This article provides specific information on how to support parents during their learning journey
**Vroom**
Gives parents ideas for learning opportunities throughout their day
Includes recommended video for families called, “You already have what it takes”

**WrightsLaw**
A good source of information for families transitioning to pre-school
Includes a blog, Facebook group and special education newsletter for parents, educators and advocates

**Zero to Three**
Works to ensure that “babies and toddlers benefit from the early connections that are critical to their well-being and development” Offers resources, training, and technical assistance for early childhood professionals

**FAMILY HEALTH CARE**

**Helping Hands Health and Wellness Center**
Helping Hands serves adults who are uninsured or underinsured and at or below 400% of federal poverty guidelines. They provide free health care, health education, social services, and spiritual guidance. They assist with medication support, refer patients for dental care and other specialties and offer a TB testing program.

**FETAL ALCOHOL SYNDROME**

**Double ARC**
Provides diagnosis, education, and support for parents whose child is struggling with effects of prenatal alcohol exposure Offers free support groups for parents/guardians of children with fetal alcohol syndrome.
**GRANDFAMILIES**

**AARP: Support for Grandparents Raising Grandchildren**
Provides resources and information for grandparents on legal issues, finances, education and childcare, and family challenges, among others.

**Council on Aging (Greene County)**
They have a Kinship Navigator who will explain their services, describe other services for which the family may be eligible and link families together through support groups and outings.

**Grandparent Rights in Ohio**
The law office of Anthony Greco provides a summary of grandparents’ rights including information about filing for custody.

**Kinship Provider Support Group (Mercer Co)**
Offered through Foundations Behavioral Health Services; offers support for grandparents and other relatives.

**Ohio JFS Kinship Care**
Offers information and a resource guide for relatives (and non-relatives) taking over care of a child.

**Toledo Area Office on Aging**
Among other services, they have staff available to assist grandparents raising grandchildren in the Toledo area.

**USA.gov**
Provides resources about adoption, kinship care, financial assistance and other issues related to grandparents raising grandchildren.
HEARING LOSS

Hearing First
Promotes opportunities for children who are deaf or hard of hearing to learn to “listen and talk, become healthy readers and do well in school” Website is described as a “multimedia digital experience and connection point designed to link families who have chosen listening and spoken language (LSL) for their children with hearing loss, and the professionals who work with them, with the resources, information, tools, community and learning experiences they need to ensure the children in their lives succeed”

Ohio Hands and Voices
Began as a group of parents and professionals seeking change in Ohio’s deaf education system Currently serves individuals (in Ohio and nationwide) who use ASL, spoken English, total communication, cued speech, cochlear implants, hearing aids and/or no hearing technologies Provide unbiased support as individuals learn from each other and explore options

MENTAL HEALTH -Adult

Alcohol, Drug Addiction & Mental Health Services (ADAMHS) Board of Cuyahoga County
Plans, funds and monitors public mental health and addiction treatment and recovery services for residents of Cuyahoga Co

Catholic Charities
A national organization with over 160 agencies across the country Can search national website by location for links to local agencies Resources include supports for families with mental illness (Also often provide baby equipment, such as highchairs and cribs and often have food pantries)
**Community Counseling Center (Ashtabula)**
Community Counseling Center is a provider of quality behavioral health care services that utilizes evidence-based practices, offers integrated health care solutions, and seeks to broaden community access to treatment

**Depression and Bipolar Support Alliance, Facing Us Clubhouse**
Provides an online support community for individuals with mood disorders. Includes a variety of wellness tools, peer support activities, and resources for treatment.

**Four County Family Center (Family Service of Northwest Ohio)**
Their mission is “to empower families to manage life’s challenges by providing high quality and affordable counseling, home care, outreach, advocacy, and prevention education services to Northwest Ohio families.”

**Frontline Service**
Services include a 24/7 suicide hotline for children and adults, help for individuals who are homeless and intensive clinical services for individuals who have experienced trauma.

**Help Me Grow Home Visiting**
Partners with parents to create the foundational engagement and attachment skills that may be lacking but are necessary for the follow through between visits.

**Incredible Years Parenting Class (through Foundations Behavioral Services)**
An evidence-based parenting program focused on strengthening parenting skills and fostering parent involvement in children’s school experience. Programs are grouped by the age of the child (0 to 12 years).

**Lake Co ADAMHS Board**
Provides information and resources for individuals dealing with a mental illness or addiction.
Mental Health and Recovery Board of Clark, Greene and Madison Counties
With 21 member agencies throughout the three-county area, the Mental Health & Recovery Board is well positioned to provide all citizens of Clark, Greene and Madison Counties convenient access to the mental health, alcohol and other drug addiction treatment, prevention and support services they need MHRB and its member agencies are committed to providing the community with the highest quality of care.

Mental Health America
Non-profit organization dedicated to addressing the needs of those living with mental illness and to promoting the mental health of all Has Ohio affiliates in Franklin, Licking, Union and Erie Counties

Mental Health First Aid at Work
A skills-based corporate training program that “teaches employees how to notice and support an individual who may be experiencing a mental health or substance use concern or crisis and connect them with appropriate resources” Available as a four-hour course or an 8-hour certification program

National Alliance for the Mentally Ill (NAMI) Family Support Group
Offers peer-led support groups for family, caregivers, and loved ones of people living with mental illness Groups follow a structured model that gives everyone the opportunity to be heard and to get what they need

National Alliance for the Mentally Ill (NAMI), Delaware and Morrow Counties
Provides local chapter activities as well as resources, volunteer opportunities and local newsletter

National Suicide Prevention Lifeline
The lifeline provides free, 24/7, confidential support for people in distress, prevention and crisis resources and best practices for professionals.
Ohio Guidestone, Marion County
This agency provides mental health and addiction services for adults and children. They provide family services including parenting classes, a domestic violence shelter and respite care. They also provide foster care and support/services for foster families.

OhioGuidestone
A resource for families when parents have concerns about their child’s behavior or are experiencing their own mental health issues Offers customized programs to fit the needs of the child, family and community

Ohio Mental Health and Addiction Services (OHMAS)
The OMHAS website offers resources for housing, disaster services, family supports, family health and medication assistance, among other issues Click these links to find more information

- Children
- Deaf and hard of hearing
- Family Support
- GetHelpNow
- Healthy Babies
- Housing
- Schools and communities
- Stress

Pathway Caring for Children (Carroll, Stark and Cuyahoga Counties)
Offers mental health services for adults, children, and families Also offers foster care and adoption services
POEM (Perinatal Outreach and Encouragement)
A website started by moms who have survived prenatal/postpartum depression or anxiety, POEM is the Ohio Coordinator of Postpartum Support International. They use trained volunteers to “guide and assist other moms in finding the help they need” and offer tools for professionals working with new and expectant moms.

SAMHSA Disaster Distress Hotline,
1-800-985-5990. The hotline is available 24/7, 365-days-a-year to provide crisis counseling and support for people experiencing emotional distress related to natural or human-caused disasters. You can also text TalkWithUs to 66746 to connect with a trained crisis counselor.

Schizophrenia and Related Disorders Alliance of America (SARDAA)
Promotes improvement in the lives of people with schizophrenia and related disorders and their families by building awareness and offering support, resources, and recovery.

Windsor Laurelwood Center for Behavioral Medicine (Willoughby OH)
Offers mental health and substance use treatment for individuals aged 6 through adult. Includes services such as partial hospitalization, substance use rehabilitation, and dual diagnosis care.

MENTAL HEALTH - Child

Child Focus, Inc
Provides comprehensive resources to “meet the needs of children and their families in Clermont County.” Includes programs for mental health, early learning and foster care, and offers community trainings on such topics as positive parenting, trauma-informed care, and challenging behavior.
Child Trends
Child Trends is a national research organization dedicated to improving the lives of children and youth, especially the most vulnerable. They recently published the article, “Resources for Supporting Children’s Emotional Well-being during the COVID-19 Pandemic.”

Facts for Families: Children of Parents with Mental Illness
This article talks about the risks for childhood mental illness when parents have a mental illness and protective factors that can decrease the risk.

Healthy Place: America’s Mental Health Channel
Offers information and resources for parenting children with mental health concerns. They have a social network (HealthyPlace.com Support Network) where parents can communicate with other parents who have similar experiences.

Nationwide Children’s Psychiatric Crisis Department.
Effective immediately, all Franklin County children and adolescents ages 17 and under experiencing a psychiatric emergency should be brought to the Nationwide Children’s Psychiatric Crisis Department at 444 Butterfly Garden’s Drive, Columbus, OH 43215. This is a change from the typical process of sending older youth to OSU Nationwide. Police and EMS are encouraged to call the Nationwide Children’s Emergency Communication Center at 614.722.6899 prior to arrival at the Psychiatric Crisis Department to ensure the patient is not in need of medical assistance better treated at the main campus Emergency Department.

Nationwide Children’s Hospital/Ohio Preschool Expulsion Prevention Partnership
Provides a phone number that links individuals with local early childhood consultants for the Preschool Expulsion Prevention partnership. Consultants can complete onsite assessments within two business days and recommend strategies and interventions.
Ohio Association of County Behavioral Health Authorities
Provides a directory of mental health and recovery resources by county

Ohio Center for Autism and Low Incidence (OCALI)
Through a grant from the Ohio Department of Education, works to improve outcomes for children with disabilities, including those with autism and low-incidence disabilities, through leadership, training, technical assistance, collaboration and technology. Includes a lending library and Family Center.

Ohio Department of Mental Health & Addiction Services, Early Childhood Mental Health Initiative
Provides cross-system leadership to support evidence-based training for parents and caregivers in helping their children build social-emotional health.

Ohio Professional Registry
Offers Early Childhood Mental Health trainings.

Play and Language for Autistic Youngsters (PLAY) Project
An early intervention program that helps young children with autism improve their language, development, behavior and social skills and decrease autism severity.

The Village Network
Provides early childhood mental health consultation.

NEONATAL ABSTINENCE SYNDROME

Double ARC
Provides diagnosis, education, and support for parents whose child is struggling with the effects of prenatal alcohol exposure. Offers free support groups for parents and guardians of children with fetal alcohol syndrome.
March of Dimes
Fact sheet with information on signs/symptoms, prevention, and treatment of Neonatal Abstinence Syndrome

The Mommies Toolkit: Improving Outcomes for Families Impacted by Neonatal Abstinence Syndrome
A creation of the Texas Dept of State Health Services, this guide provides information about the effects of opiates and other drugs, the challenges brought about because of the initial problem and how to address safety, involvement with CSB, and topics that may come up as potential stressors that lead to functional outcomes

Neonatal Abstinence Syndrome: A Guide for Families,
From the Ohio Perinatal Quality Collaborative (see Attached) Designed for parents, this 13-page booklet provides clear, concise information about signs, symptoms, treatments and strategies to help babies with NAS

“Neonatal Abstinence Syndrome: Treatment and Pediatric Outcomes,” National Institutes of Health
Summarizes what is currently known about short and long-term effects of NAS

Stable Cradle
A program designed to “promote healthy babies by using the assistance of health advocates and mentors” The goal is to promote the confidence of new moms and to provide services and information for moms to determine the best ways to deal with their situations A service of Maryhaven Treatment Center for Addiction
PARENTING

Parent Mentoring Program (Personal & Family Counseling Services, Carroll County)
A home-based program that assesses a family’s needs and develops a plan to address parenting concerns and child behavioral problems. Uses the Nurturing Parenting, the Incredible Years and the Positive Parenting Programs. For more information: 330-343-8171 or pfcs@pfcs1.org

Parents Who Are Incarcerated
A toolkit developed by the staff at Sesame Street. Designed to help children and caregivers whose loved one is incarcerated. Includes a video with some of the Sesame Street characters talking about family members who are incarcerated.

Red Treehouse
Described as an online resource “promoting and supporting the physical, emotional, intellectual and social development of children and young adults, prenatal-25.” Includes a helpful introductory video that describes how to use the site. Can search by county, age of child and/or topic of interest.

PARENTS WITH INTELLECTUAL DISABILITIES

The Association for Successful Parenting, A Chance to Parent
Strives to enhance the lives of families when parents have learning difficulties. Provides support via research, training, advocating for social justice, consultation with early childhood partners, and partnering with self-advocates.
Connecticut Assessment Interview Guide
Developed by the Connecticut Parents with Cognitive Limitations Workgroup, this guide helps practitioners assess whether their clients have cognitive limitations

Help Me Grow Home Visiting
Partners with parents to create the foundational engagement and attachment skills that may be lacking but are necessary for the follow through between early intervention visits

**SENSORY PROCESSING DISORDERS**

sensationalbrain.com
Offers an online tool for creating effective sensory diets for children and adults

A Sensory Life
Provides handouts for dealing with sensory issues during activities such as going to the doctor, hospital, and dentist

Sensory Processing Disorder Parent Connections
Site started by a mom based on her experience with her two children who have multiple disabilities, including sensory processing disorders Promotes support, education, and awareness for parents and providers

YourKidsTable.com
An occupational therapist who is a mom of picky eaters offers ideas for parents whose children have eating and sensory concerns
SERVICES ACROSS AGENCIES

Family and Children First Council (FCFC)
Provides overall service coordination across agencies that can help families keep agencies working together on their behalf

SOCIAL EMOTIONAL DEVELOPMENT

Center for the Social and Emotional Foundations for Early Learning
The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social emotional development and school readiness of young children birth to age 5. CSEFEL is a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.

Friendship Circle of Cleveland
Friendship Circle provides support for families of children with special needs. Programs include a sibling support group and parent network.

SUBSTANCE USE AND ADDICTION

Drug and Alcohol Rehab Centers for Pregnant Women
Help is available for pregnant women who struggle with substance abuse. This web page, from American Addiction Centers provides information and resources for women struggling with addiction during pregnancy.

Montgomery Co ADAMHS,
Helpful Links page This page provides quick links to a variety of mental health and addiction resources and agencies.
National Association for Children of Alcoholics (NACOA)
Described as a “voice for the children,” this site offers information for “anyone interested in providing support to children living with parental alcoholism/addiction, and their parents”

National Institute on Drug Abuse
This website provides helpful articles about prevention of substance abuse, treatment for addiction and possible effects on parenting

Partnership for Drug Free Kids
This non-profit agency is committed to supporting families as they address substance use and addiction, from prevention to recovery. The website includes lots of information and numerous resources, including how to talk to children as young as age two about the dangers of substance use.

Project Know
This article, “How to Help an Addict or Alcoholic Mother,” discusses warning signs of addiction and information about treatment options for addiction.

Promises Treatment Center
While this facility is in California, their website offers a lot of facts and statistics on drug and alcohol addiction and includes resource links for professionals and families.

Quest Recovery and Prevention Services (Stark and Carroll Counties)
Offers education, prevention, and treatment for alcohol, drug and other addictive behaviors. Resources include an opiate detox facility, residential services, recovery housing, drug testing, and medication-assisted recovery.
Recovery Resources
In 2000, two Cleveland agencies merged to become Recovery Resources, where mental illness and addictions of all types could be treated under one roof in an integrated way – a critical need for those dually diagnosed. Community Challenge was added in 2008, which increased services for young people in the suburban West Shore. In 2011, Spectrum of Supportive Services was added, which includes housing services and services focused on helping people re-enter the workforce. In October of 2018, the agency partnered with MetroHealth to collaborate on behavioral health and addiction services.

Substance Abuse and Mental Health Services Administration (SAMHSA)
SAMHSA is the agency within the US Department of Health and Human Services responsible for leading public health efforts to improve behavioral health across the nation. In addition to data and publications, their website provides guidance for locating mental health treatment.

Teen Challenge USA
Offers faith-based, holistic addiction services for teens and adults. Includes residential, non-residential, prevention and recovery services.