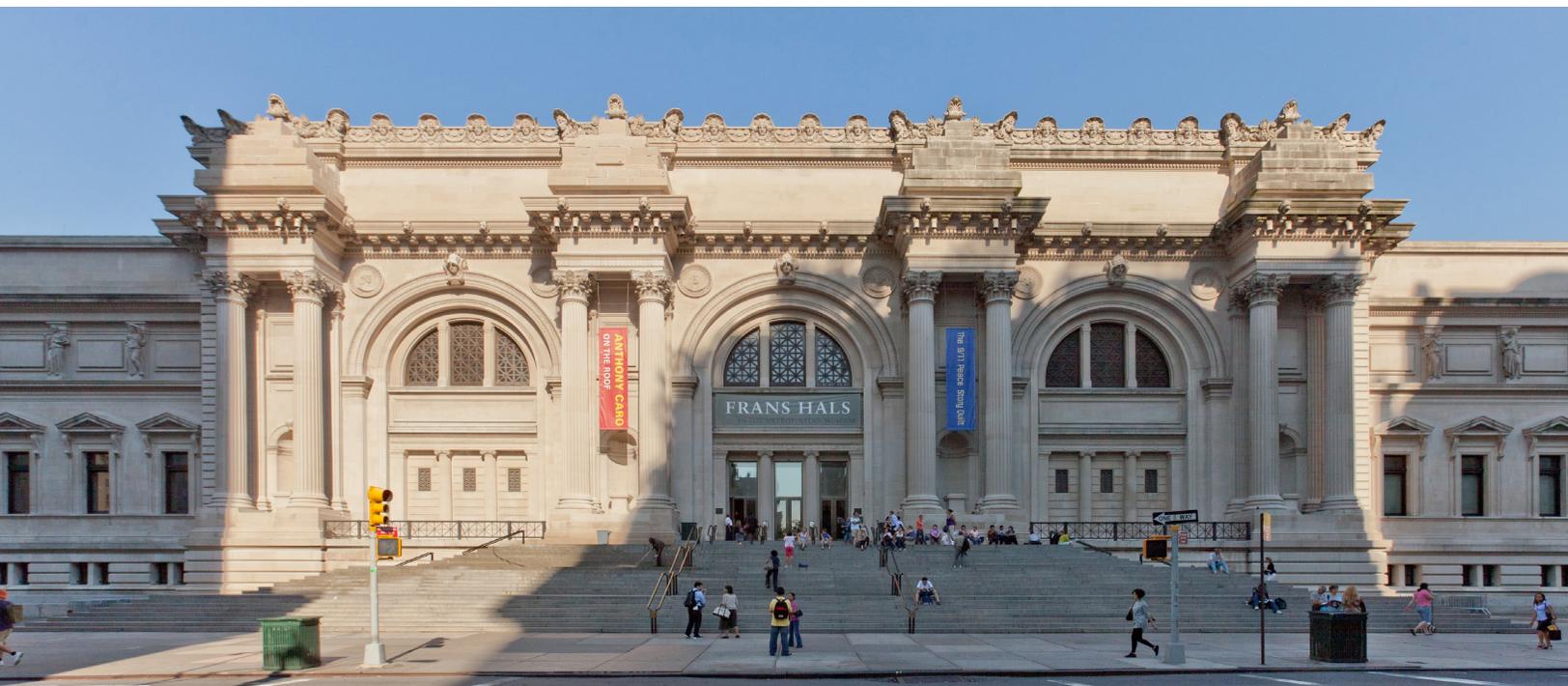


Social Narrative

Independent Family Visit to The Metropolitan Museum of Art for Children on the Autism Spectrum



The Metropolitan Museum of Art

Social Narrative

Independent Family Visit to The Metropolitan Museum of Art for Children on the Autism Spectrum

We are going to The Metropolitan Museum of Art. Inside the Museum, there is art from all over the world. Some of the art is over five thousand years old, while some was made just last year.

When we first arrive at the Museum, we will see many steps leading to the main entrance.



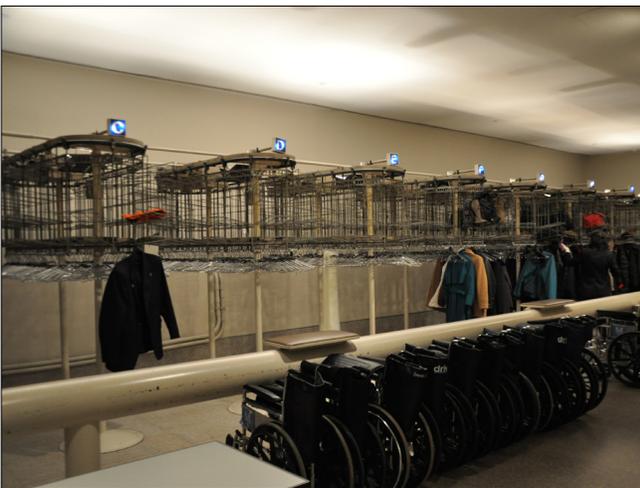
This entrance can be very crowded and noisy, so it is a good idea to use another entrance, through the Ruth and Harold D. Uris Center for Education. This entrance is located at Fifth Avenue and 81st Street, just south of the steps.



When we enter, a security guard will ask to look in everyone's bags, including mine. I will open my bag so the guard can look inside. If I don't have a bag, I can walk right in.



If we have coats that we don't want to wear in the Museum, we can leave them at the coat check. There may be a short line to check our coats, so we may need to wait for a few minutes. If I have any food or juice with me, I will have to leave that too. I will pick it up when I leave.



Next, we will pay admission to enter the Museum. Sometimes there is a line at the Admissions Desk. I may need to wait for a few minutes.



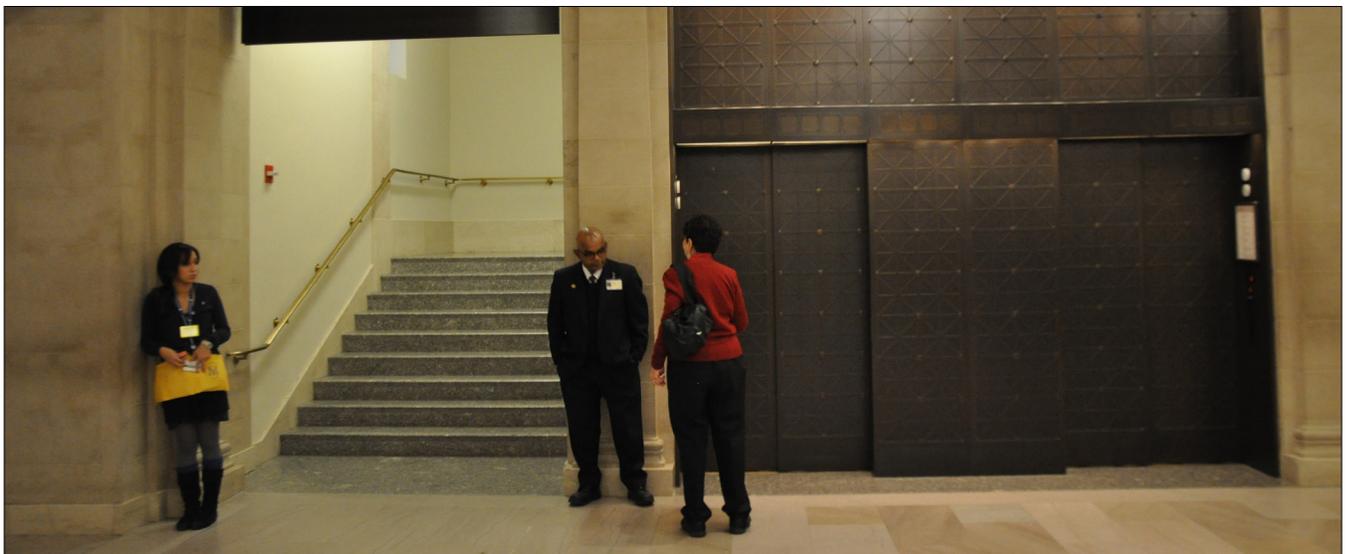
I will get an admission sticker to wear on my clothes.



We can pick up a Museum Map at the Admissions Desk so we can plan where we will go and what we will see.



If we entered the Museum through the Uris Center for Education, we will need to go upstairs to the galleries to see the art. We can take an elevator or the stairs.



If I designed a [My Met Tour](#) (PDF), I can follow my checklist. I can also change my tour and choose to see different things.



There will be security guards everywhere in the Museum. They are there to help people and to keep the art safe.

If I get lost and can't find my family, I can tell one of the security guards.

Some areas of the Museum are loud and some are quiet; some are crowded and some have fewer people. My family can look at the [Tips for Parents](#) so we know about these different spaces. We can find these spaces on the [Sensory Friendly Map](#) (PDF).



If I need a break or want to leave the Museum, I will tell the adult I am with.

I need a break



I'm ready
to go home

When I am ready to leave, I will go back to the Uris Center for Education entrance if that is where I came in. If I checked my coat, I may have to wait on a short line to get it back.



I hope I can visit the Museum again soon and see more art!

Access and Community Programs

Contact us for information about accessibility, accommodations, and programs for visitors with disabilities:

Telephone: (212) 650-2010

Email: access@metmuseum.org

Access and Community Programs

The Metropolitan Museum of Art

1000 Fifth Avenue

New York, NY 10028-0198

www.metmuseum.org/events/visitorsdisabilities



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Access Coordination at The Metropolitan Museum of Art

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