



## Stepping Stone One

8

Reasons to say **YES**  
to Early Intervention for your  
child and family.

...What are you waiting for?

\*Early Intervention is the term used to describe the services and supports that are available to babies and young children (birth to age 3) with developmental delays and disabilities and their families.



# 1. Early Intervention (EI) is worth the time

Early Intervention (EI) will help you learn how to encourage your child's development.

Starting EI now will help your family and child on the path to future success.

## 2. We are in this together

Feeling overwhelmed or isolated?  
Professionals on your EI team and other  
parents can support you.

Hearing other families' experiences can  
help you navigate through your own  
journey.



### 3. Early Intervention will help your other family members



As you understand your child's needs through early intervention (EI), your child's siblings, extended family and friends can learn to support and include your child. EI can help you build a circle of support that works for your family.

## 4. There is more to this than just 'google it'

With a seemingly endless world of resources, articles, videos, on-line support, podcasts, and more, where are the answers to help your child?

A personal connection to your EI providers can help you process the information that's available at your fingertips.



## 5. Facing your fears will bring freedom



You may feel like you don't know enough or are unsure about what having a delay or a disability might mean for your child.

The more you know, the more confident you will be in supporting your child's development. A 'new normal' can be a life of joy, and better than imagined.

## 6. You will ask better questions

You don't know what you don't know. Never hesitate to ask your EI provider a question. You can practice with them, a safe place to ask any question and prepare for upcoming appointments (medical or specialists).

You will be able to find the answers to the questions most pressing to your child and family's needs.





## 7. You can do this in the context of your family's real life

Early Intervention services and supports help children and families **wherever** they choose to live, play, and spend their day.

By sharing what's important to you and your family, the plan that's developed will fit how your family 'works' to meet the goals you all decide upon.



## 8. You will gain confidence that you are your child's best advocate

You will become your child's best advocate and cheerleader by learning about all areas of child development and what works best for him or her.

Your advocacy will light the path for your child's future success.

